

# Wien – Black History Month 2024: BIPOC Yoga- Free Class- BHM Series

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“BIPOC yoga” is a term that refers to yoga classes, spaces, and resources that are specifically designed to cater to and support individuals who identify as Black, Indigenous, and People of Color (BIPOC).

[BIPOC yoga classes](#) are designed to create safe, inclusive, and culturally sensitive spaces specifically for individuals who identify as Black, Indigenous, and People of Color (BIPOC). These classes are meant to cater to the unique experiences, backgrounds, and needs of BIPOC communities.

Sign up for the free class by navigating to Feb 13 on the [Manas Yoga Studio Website](#): select BIPOC Yoga and follow the steps after clicking “Register Now”.

Feb 13th  
15 Uhr/ 3pm

# BIPOC YOGA



FREE CLASS



ManasYoga

**Manas Yoga**

Franz-Josefs-Kai 41/17  
Vienna, Austria 1010